



CLIENT LOGO

An Innovative Health Care Benefit for You and Your Family

[Client Name] has partnered with health care provider, **PHM**, to help you and your family make informed health care decisions with confidence. PHM delivers science-backed health guidance and logistical coordination to help you stay well and be well. There are two care services available, dependent on the health condition:



Cancer care management to deliver precision medicine



Intensive care management for serious or complex health conditions

Here's what you need to know about your new health benefit

- + This benefit provides you with clinical guidance and support to help you make informed decisions when facing serious or complex health issues
- + Available to [CLIENT NAME] employees and their dependents
- + This benefit is a supplement to your current health plan or doctor and gives you access to special clinical and research resources
- + Care from your primary care physician, urgent care, emergency room or hospital will still be covered by your health plan
- + For all routine care, such as annual physicals or health screenings, vaccines and boosters, or simple referrals, contact your healthcare providers
- + Registration is required to provide PHM permission to serve
- + Contact PHM directly via e-mail or phone if you have a health concern

Expert Support for Serious or Complex Health Issues

To provide you and your family with clinical guidance to help you make informed decisions with confidence. Two services are available, dependent on condition:



ClearCare *Intensive care management for serious health conditions*



ClearCancer *Cancer care management to deliver precision medicine*

Complex conditions PHM supports

- + Autoimmune Diseases
- + Acute Conditions Requiring Rapid Intervention
- + Cancer
- + Cardiovascular Disease
- + Chronic Treatment Resistant Conditions
- + Diagnostic Dilemmas
- + Gastrointestinal Issues
- + Gynecology & Infertility
- + Musculoskeletal Pain/Joint Replacement
- + Neurological Conditions
- + Organ Transplant
- + Perioperative Support
- + Trauma or Brain Injury

PHM's Proven Care Experience

PHM's proprietary 4-step approach provides you and your family science-backed information and guidance from diagnosis to treatment planning and implementation to help you make informed decisions about your care.

1 IMMERSION

- + Detailed clinical intake and review of medical history
- + Collect and organize medical records
- + Diagnosis-related clinical overview and timeline

2 DIAGNOSIS

- + Labs and diagnostics (personalized molecular profiling for cancer cases)
- + Confirmation of diagnosis using latest diagnostic technologies
- + Consultation on optimal treatments with top experts
- + Results analysis and insights for diagnostic and treatment recommendations

3 TREATMENT PLANNING

- + Identification of leading specialists
- + Summarized findings on treatments from latest medical literature
- + Education and decision-support
- + Development of a personalized care plan

4 TREATMENT IMPLEMENTATION

- + Education and guidance on treatment side-effects
- + Treatment response monitoring and assessment
- + Development of contingency plans for additional or alternative treatment
- + Recurrence/progression monitoring.

Comprehensive Support

When you face a serious or complex condition or a health dilemma that has defied diagnosis, you need a trusted guide who knows the healthcare system inside and out.



Dedicated support from a Personal Care Team

Our highly-trained clinical resources work as a team to understand the diagnosis as the foundation for guiding informed decisions about the best course of treatment.

- + ADVANCED PRACTICE CLINICIANS
- + PhD RESEARCH SCIENTISTS
- + CARE LOGISTICS COORDINATORS
- + MEDICAL RECORDS SPECIALISTS



Facilitated access to top medical experts

We believe in expert opinions, not just second opinions, which too often result in confusion instead of better care. We work closely with as many leading specialists as required to determine exactly the right care plan and specific health need.

- + PHM MEDICAL DIRECTORS
- + PHM CONSULTING PHYSICIAN PARTNERS
- + CURATED TREATING PROVIDER REFERRALS



Research and education on the latest developments

Our unique in-house research department of MD, PhD and PharmD scientists scour medical literature to provide the latest information to guide your decisions. We investigate and evaluate innovative technologies, including new drugs and devices, new diagnostic modalities, and clinical trials.

- + INDIVIDUALIZED RESEARCH
- + ACCESS TO CUTTING EDGE TREATMENTS
- + GLOBAL RESEARCH

Representative Member Care Event

CHRONIC JOINT PAIN

- + A 58-year old female employee working in both Germany and the US with a 5-year history of chronic joint pain. She visited the ER in Germany for a worsening knee pain. X-rays were normal and she was advised to take anti-inflammatory drugs,
- + PHM conducted a detailed clinical intake and determined the issue was likely an autoimmune condition.
- + The employee was referred to a top rheumatologist in the US who confirmed rheumatoid arthritis, recommending effective biologic medication involving weekly injections.
- + Initial side-effects were managed effectively and joint pain decreased significantly. The anxiety about having an undiagnosed illness resolved and her quality of life improved significantly.

STAGE 2B OVARIAN CANCER

- + A 27-year-old female initially presented with urinary symptoms and abdominal bloating and found to have a large left ovarian mass.
- + She underwent diagnostic laparoscopy with left oophorectomy and removal of mass adjacent to the uterosacral ligament.
- + Initial misdiagnosis was stage I ovarian cancer. Surgical and pathology reports were mismatched with regard to disease staging and location.
- + PHM identified the correct diagnosis and engaged a provider that offered an immediate treatment plan to maintain her fertility. Reduced anxiety and uncertainty regarding diagnosis, treatment planning, and long-term quality of life.



CLIENT LOGO

Getting Started

An important first step to help receive the care you need it to complete the registration form and beneficiary agreement. Here's how to register:

Website: <https://myphmcare.com/clientname>

Password: **PASSWORD**

Contact PHM

E-Mail CLIENTNAME@privatehealth.com

Telephone: 1.310.248.4050
1.833.240.4160

Hours of initial consultation

8:30 a.m. EST to 8:30 p.m. PST

About PHM

PHM supports caring companies solve complex healthcare problems and help their employees get well and stay well.

We apply our deep health intelligence to bring the best of what's possible in medicine to individuals, families and companies that make their employees' health a priority.

Our DNA

- + Clinical Depth
- + Research Driven
- + Access & Engagement with Top Experts
- + Independent guidance
- + Compassionate care